



KEEPING PACE

SETTING YOUR
SPIRITUAL STRIDE

A 6-Week Spiritual Tracker Journal
Christ United Methodist Church



Week 3: Service

"Learn the lesson that, if you are
to do the work of a prophet,
what you need is not a
scepter but a hoe."
-Bernard of Clairvaux



Reflect

Service | Week 3

The call to serve as a spiritual discipline is to be marked by humility and opens us to creating true community that is endowed by grace, peace, and joy.

Service challenges us to find what our priorities are when it comes to people. Service is the ministry of hospitality and placing others as way we worship God with our very lives by sacrificially placing ourselves with a towel around our waist ready to wash feet. Foster warns against self-righteous service and implores that we find a servant's heart instead of a service ministry that only serves when it is convenient or a "feeling." This self-righteous service fractures community while servant-hood creates community.

The practice of the discipline of creates opportunities in our lives to reflect the grace we've been given through repentance and forgiveness. Through this practice we get to listen, love, and in humility serve others as Christ does..by washing their feet.

Sunday Message Notes

Monday

You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, **you** also ought to **wash one another's feet**. For I have set you an example, that you also should do as I have done to you.

— John 13:13-15

Stretching

What are the areas of growth I need to walk into today?

Hurdles

What are the obstacles that keep me from walking into this discipline today?



Wins

Where did I see God moving
in my life today?

Huddle

Prayers for today.

Tuesday

It will **not be** so among you; but whoever wishes to be great among you **must be** your servant, and whoever wishes to be first among you must be your slave; just as the Son of Man **came not to be served but to serve,** and to **give his life** a ransom for many." - Matthew 20:26-28

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Wednesday

“Whoever welcomes

one such child **in my name** welcomes me, and
whoever welcomes me welcomes
not me but **the one** who sent me.”

- Mark 9:37

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Thursday

Above all, **maintain** constant **love** for one another, for love **covers** a multitude of sins. **Be hospitable** to one another without complaining. Like good stewards of the manifold grace of God, **serve one another** with whatever **gift** each of you has received."

- 1 Peter 4:8-10

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Friday

Think of **us** in this way, as **servants of Christ** and **stewards** of God's mysteries. Moreover, it is required of stewards that **they** be **found trustworthy**.

- 1 Corinthians 4:1-2

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Saturday

The one who **plants** and the one who **waters** have a common purpose,
and each will **receive wages** according
to the labor of each. For **we** are **God's servants**,
working together; you are **God's field**,
God's building. - 1 Corinthians 3:8-9

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